

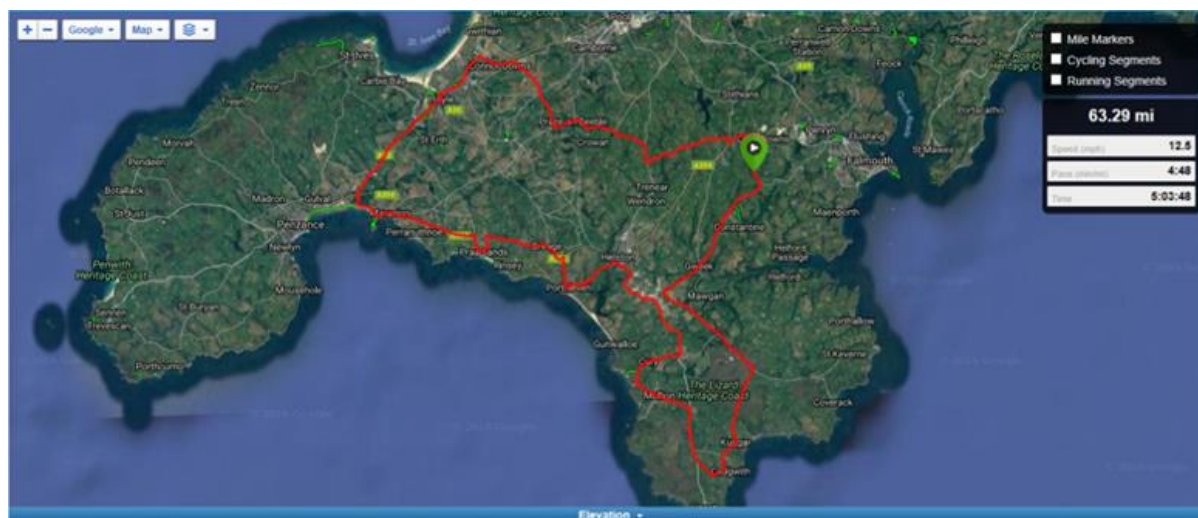
## **60 Mile Challenge**

**Distance:** 63.7 miles                      **Elevation:** 4355 Feet

**Feed Stations:** RNAS Culdrose            26.4 miles  
                         Praa Sands                            36.0 miles  
                         Philps Bakery                            46.9 miles

Entry Fee £35

**Early Bird Registration by 14/1/2017 £30**



A varied route for anyone wanting to step up a distance and try something a bit longer than the normal ride.

Heading South from our site you pass through the pretty waterside village of Gweek, before reaching the Southern tip of RNAS Culdrose and on to Goonhilly Earth Station. Goonhilly received the very first live TV pictures from the USA via the Telstar Satellite.

Continuing South past Cadgwith before turning up towards Mullion Village and the lovely Poldhu Cove. You will then turn North where a welcome water station awaits at RNAS Culdrose.

Continuing towards Penzance through Helston there will be another break at Praa Sands where there is the 2<sup>nd</sup> Water/Snack Station. The scenery gets better and better as you head around Mounts Bay taking in stunning views of St Michaels Mount.

After Marazion your route turns North heading towards Hayle which has benefitted from massive investment in recent years, this is where you will find the last Feed Station in the Car Park of Philps' Bakery. In a bygone era, water used to be stored behind sluice gates and released to keep the channel open. Coal used to be imported from South Wales to keep a power station running and ore exported from here. This was also a heavy engineering town although little remains to show for it. Harvey & Co were established here becoming famous for the manufacture of the beam engine.

We have a sandwich lunch waiting for you at this stop but if you want a bigger challenge bring some money along with you and try the bakery. It is open on Sundays and you can carb up on one of Philps' highly regarded Pasties.

Moving on through Hayle the route turns South across country through Praze an Beeble whose name translates as "meadow on the River Beeble". There are some fine views and examples of Cornwall's mining heritage litter the landscape as you head back to BF Adventure.